



THE LORD'S PRAYER
WALKING WITH JESUS TOGETHER

The Lord's Prayer

(Matt 6:9-13)

*Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as it is in heaven.*

Give us today our daily bread.

*And forgive us our debts,
as we also have forgiven our debtors.*

*And lead us not into temptation,
but deliver us from the evil one.*

*Yours is the Kingdom and the power
and the glory forever. Amen*

Holy Spirit, what are you highlighting to me?

Spring Practice: Praying the Lord's Prayer

The Lord's Prayer is a way for us to walk with Jesus together.

When the disciples asked Jesus to teach them how to pray - He taught them a model prayer known today as "The Lord's Prayer" (Matt 6:9-13, Luke 11:1-4).

For some, this prayer is a reliable anchor for their soul in the storms of life. For others, this prayer brings up painful memories of empty religious rituals.

When we pray the Lord's prayer thematically and authentically, and not mindlessly, it is powerful.

Through this prayer we are inviting the Holy Spirit to reorient our lives to the truth of who God is, who we are, and why we are here.

For the next 6 weeks – you are invited to join us in praying the Lord's prayer morning, mid-day, and evening.

The Practice: Praying the Lord's Prayer

We want to walk with Jesus together through the Lord's prayer.

- Set reminders to pray the Lord's prayer MORNING, MID-DAY, and EVENING.
- Pray the prayer thematically and authentically, not mindlessly.
- Ask, "Holy Spirit, what are you highlighting to me?"
- Sometimes praying the prayer slowly a few times through is helpful.

Our Father in heaven, hallowed be your name (ADORATION)

Reorient our lives to God's love and power by giving thanks for who He is!

God is our Father.

- Father, thank you for Jesus as my righteousness.
- Father, thank you we are not an orphans or alone.
- Father, thank you for calling me beloved son or daughter.
- Father, thank you for knowing what we need before we ask.
- Father, thank you for the gift of the Holy Spirit in us.
Teaching us to cry out "Abba, Father" (Ro. 8:15)

God is HOLY, HOLY, HOLY. Use the names of God below to adore and declare His name as holy (hallowed).

- Yahweh - "LORD" (Ex. 3:14; 34:6)
- Yahweh Shalom - "The Lord Our Peace" (Judges 6:24)
- Yahweh Rapha - "The Lord Who Heals" (Ex. 15:26)
- Yahweh Nissi - "The Lord Our Banner" (Ex. 17:15)
- Yahweh Shammah - "The Lord Is There" (Ez. 48:35)
- Yahweh Tsidkenu - "The Lord Our Righteousness" (Jer 33:16)
- Yahweh Jireh - "The Lord Will Provide" (Gn. 22:14)
- Yahweh Rohi - "The Lord Our Shepherd" (Psalm 23:1)
- Yahweh M'Kaddesh - "The Lord Who Sanctifies, Makes Holy" (Lev. 20:8; Ez. 37:28)
- El Shaddai - "God Almighty" (Gn 49:24; Ps. 132:2,5)

Your Kingdom come, your will be done, on earth as it is in heaven. (INTERCESSION)

In the garden of Gethsemane, Jesus prayed, “My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.” (Mt. 26:39)

When we join in this prayer with Jesus, we are following His example of yielding our wills to the Father. We are also praying prayers of intercession.

To intercede means to appeal for, or stand in the gap on another’s behalf. To be a “bridge” in prayer.

Jesus is interceding for us right now (Heb 7:25). Our forever bridge. We want to follow Him in interceding for others to encounter Him and His Kingdom.

What person, place, or situation is God calling you to intercede for?

Give us today our daily bread. (PETITION)

Petition is not only a way for us to ask God for help in our lives, it's also a way to know Him more. When we ask God for daily bread we are daily building relationship with Him.

Asking God for our daily bread helps to combat the desire to control our lives apart from God.

Asking God for daily bread teaches us to be thankful for today, not worry about tomorrow.

Asking God to give US daily bread helps us to pray for others needs.

Nothing is too small to pray. Nothing is too big. Let's ask God for our daily bread with thanksgiving today.

Forgive us our debts as we forgive our debtors. (CONFESSION and FORGIVENESS)

“Father forgive them, they do not know what they are doing.” (Lk 23:34).

This was Jesus’ prayer on the cross as He endured unthinkable darkness and evil being unjustly put on Him. He went to the cross for our sakes.

“Surely he took up our pain and bore our suffering... But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed. (Is. 53:4-5)

In light of God’s great love for us displayed on the cross – He is the one who makes us holy and makes us like Him. His kindness leads us to repent and confess our sins to Him.

What are sins or debts you need to confess to God today?

- Receive His forgiveness.

Who are people you need to forgive with the forgiveness God’s given you?

- Bring these people to the cross to forgive them, bless them, and entrust them to the Father.

Lead us not into temptation, but deliver us from the evil one. (Spiritual Warfare)

“Why are you sleeping?” he asked them. “Get up and pray so that you will not fall into temptation.” Luke 22:46

“Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.” Ephesians 6:10-12

Jesus was leading the disciples away from temptation by telling them to pray. Don’t fall asleep, get up and pray. Prayers have power in the spiritual battle.

- Ask God to lead us like a Good Shepherd away from temptation.
- Ask God to use us as salt and light throughout the city.
- Put on the armor of God (Ephesians 6) and be strong in His mighty power.

**For yours is the kingdom and the power and the glory forever.
Amen!**

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